

About Karate for Christ Int'l

Karate for Christ International is the largest Christian martial arts organization in the world. Headquartered in South Korea, Dr. Daryl Covington oversees more than 30,000 individual martial arts members and thousands of schools worldwide.

Schools and instructors who meet very strict criteria are able to become Karate for Christ "certified", demonstrating a personal commitment to upholding and teaching a Christ-centered martial arts curriculum.

Karate for Christ and its member schools also supports Asia Reach Ministries, a missions outreach program to evangelize the people of the Far East.

The mission statement of Karate for Christ (and its member schools) is:

"To proclaim the Gospel of Jesus Christ. To reach the lost, mature the saints, serve our communities, and to touch the lives of "at risk youth" and families in need. To do these things throughout the world via the medium, lessons, and discipline of martial arts. To teach the best and most effective martial art we know. To serve God, minister to others, and teach the children well."

2008 Class Schedule

Effective January 2, 2008

Lil' Dragons Ages 4-6	Tuesday 5:30 - 6:00pm	Friday 5:30 - 6:00pm
Kick'n Kids Ages 7-12	Monday 5:30 - 6:30PM	Thursday 5:30 - 6:30PM
Teens/Adults Ages 14-Up	Tuesday 6:30 - 7:30PM	Thursday 6:30 - 7:30PM
Women-Safe Self Defense Ages 14-UP	Monday 6:30 - 7:30PM	

Karate is Self-Defense, Not Religion

"Karate did not develop from Buddhism or Confucianism. Karate is not merely practiced for your own benefit; it can be used to protect one's family. It is not intended to be used against a single assailant (in battle) but instead as a way of avoiding injury by using the hands and feet should one by any chance be confronted by a villain or ruffian."

*Excerpt from "The 10 Precepts of Karate"
By Anko Itsou, Creator of the Pinan Kata System*



1809 Weir Road
Russellville AR 72801
P 479-890-6988
www.rivervalley martial arts.com

River Valley Martial Arts is a member school of the International Karate Association and the International Martial Arts Council



Teaching Faith, Fitness, Self-Defense and Character Development





Faith-Based Martial Arts

River Valley Martial Arts is a faith-based martial arts program, committed to helping parents raise a Godly generation, one child at a time. RVMA is a certified Karate for Christ International school, and a certified member of the Christian Black Belt Association.

Living "The Golden Rule"

Every martial arts school teaches students to block, punch, strike, and kick. But few teach them how "not to fight" and even fewer teach Biblical standards upon which to base their life. We openly teach character development, focusing each month on moral principles such as obedience, patience, integrity, faithfulness, compassion, generosity, kindness, & meekness.

Building Moral Character

Character development is a critical component of the River Valley Martial Arts program. We strive to be an advocate to help parents raise morally responsible children with high self-esteem and to provide a positive, encouraging atmosphere for growth and development for students of all ages. We also support the training efforts of community church ministries to children and teens, reinforcing the standards of conduct espoused in God's words, both by teaching and personal example.

"Kid-Safe" Certified



River Valley Martial Arts is a certified "Kid Safe" Center by the National Security Alliance (NSA), one of the premiere organizations in the country dedicated to the prevention of child abuse, molestation and abduction of our children.

Predators use a variety of tactics to lure children into compromising situations where they can be exploited. As a recognized "Kid Safe" Center, we are committed to helping teach children and parents how to better protect themselves in a dangerous world.

OUR PROGRAMS

Li'l Dragons: Children ages 4-6 learn the basics of the martial arts as they develop core coordination, improve their fitness, and learn important life and character skills. This fun-filled program is an excellent way to build self-esteem and self-confidence, develop discipline, respect and obedience in the process.



Kick'n Kids: Kick'n Kids (ages 7-13) teaches martial arts with an emphasis on physical fitness, character development, and practical self defense. Discipline, respect and obedience are core learning concepts. We also teach the "**Bully Buster**" system for dealing with bullies. Academic excellence, community service, and Bible memorization are stressed & recognized.



"Women-Safe" Self Defense: Our 12-week, NSA



certified, self-defense program (Ages 14+) incorporates education and defensive countermeasures to help women learn to better protect themselves from those who would seek to do them harm.

Adults Martial Arts Program: Our Adult martial



arts program (ages 14+), is an excellent fitness program, focusing on the self-defense aspects of the martial arts while learning the time honored traditions of the martial arts in a uniquely Christian format. Young and old alike can benefit from the positive health benefits of martial arts fitness training.

WE WELCOME YOUR SUPPORT

1. We encourage pastors, youth leaders, and children's workers to visit our school and learn more about our Christ-based programs.
2. We welcome Ministers & Youth Leaders to share a devotional message during one of our classes.
3. We would be honored to speak to your church, youth, or children's group, or bring our demo team to help you with a community outreach event.



Kyle Bennett / John Terry
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