



# Kid Kick Newsletter

## Confident Communication

— Speaking and acting with self-assurance.

KIAI! How many times have you shouted or yelled that during class? How did your voice sound? Quiet? Shy? Strong? Confident? More than likely, it was a very confident voice to give you the strength to complete your move.

That same confident voice can be used in everyday conversations at school, home and playing with friends. No, you don't want to shout, but you want your voice to be strong and clear. Also, your body language should say you are confident by standing straight and looking the person in the eye. With practice, your voice and body language will always display confidence.

### Joke:

Knock! Knock!  
Who's there?  
Lionel.  
Lionel who?  
Lionel get you nowhere,  
better tell the truth!



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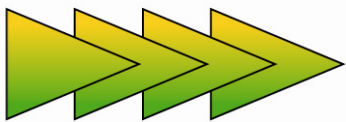
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# Summer Olympic Games



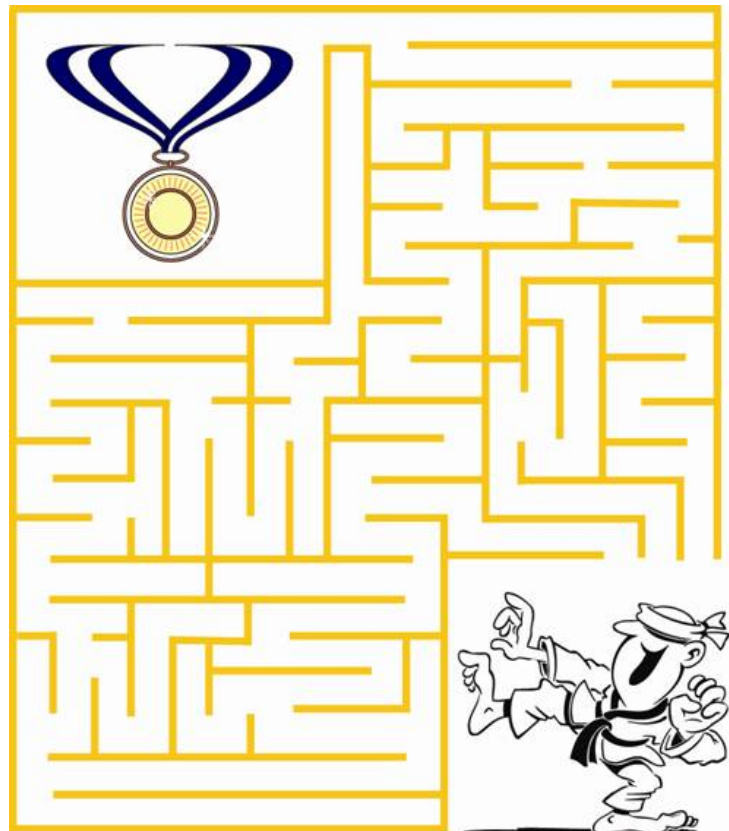
Beijing, China will host the Summer Olympic Games on August 8-24, 2008. Many of the competing athletes have been training most of their lives for the honor of representing their country at the Olympics. Taekwondo and Judo are two martial arts that will have events in Beijing.

Men and women compete in their events with the hopes of winning the gold medal for first place. A silver medal is awarded for second place and a bronze medal is awarded for third place, but the ancient Olympians were awarded a wreath made from an olive branch. Check your local library or go online to learn more about the Olympic games or a particular sport.



## Olympic Maze

Help the blindfolded  
Olympic Martial Artist  
get the Gold Medal!



# Color the Martial Artist!

Make the belt the next color rank you aspire to earn. Think of it as a projection of your goal!





# Word to Remember

Word to remember: Compete [kəm-pēt]

Example: I compete in my school's martial arts tournament every year!



**WISE  
QUOTE**

*“Walking into the Olympic stadium at the Opening Ceremony of my first Olympic Games is a moment that I will never forget.”*

— Steve Kettner

## Kid Kick Word Search

Find these 14 hidden words related to Martial Arts Olympics. They can be forward, backward, up, down, or diagonal.

ATHLETE	MEDAL
BEIJING	OLYMPICS
COMMUNICATE	STADIUM
COMPETE	SUMMER
CONFIDENT	TAEKWONDO
GAMES	TORCH
JUDO	WINNER

E	F	C	S	E	T	O	C	E	V	Y	O	G	G	V
S	T	T	E	O	H	D	O	S	E	M	A	G	W	W
C	J	E	R	H	G	U	N	Q	J	Q	P	W	H	M
C	O	C	L	M	K	J	F	G	Y	L	Q	N	U	H
S	H	M	U	H	B	E	I	J	I	N	G	I	H	O
L	U	K	M	D	T	L	D	R	M	W	D	T	U	L
E	A	M	Z	U	B	A	E	A	I	A	A	E	A	Y
Q	E	D	M	E	N	A	N	B	T	E	K	I	W	M
A	O	X	E	E	Q	I	T	S	K	C	E	A	I	V
J	X	X	K	M	R	D	C	W	H	V	T	T	N	H
S	C	I	P	M	Y	L	O	A	R	O	E	E	N	I
R	G	B	V	B	U	N	T	F	T	V	P	E	E	Y
Z	Q	M	C	I	D	J	A	G	Q	E	M	F	R	N
C	N	O	S	O	C	B	O	G	E	E	O	R	S	H
J	R	B	P	U	R	Y	S	E	M	W	C	E	O	L